



DESIGNED FOR

Multipurpose functional strength training

KNURLING

Balanced for both control and comfort

GRIP MARKINGS

Bar features dual markings for weightlifting and powerlifting

VARIED USES

One bar appropriate for all types of lifts

VARIETY WITHOUT COMPROMISE

ONE BAR, MULTIPURPOSE STRENGTH AND ENDURANCE TRAINING

The Eleiko XF Bar is everything you love about our specialised weightlifting bars but specifically engineered to be well suited for functional fitness training. Appropriate for a variety of lifts, the bar delivers the same whip and Eleiko feel but less aggressive knurling keep your hands more comfortable during fast paced high volume training. The bar includes a re-engineered sleeve construction that incorporates a dustproof seal for improved performance and durability along with our more refined knurling.

ARTICLE CODE

3085116

LENGTH

2200 mm / 86.61 in.

WEIGHT

20 kg / 44.09 lbs

WARRANTY

12 years*

COLOUR

Silver

CERTIFICATION

None

GRIP SURFACE

Chrome

SLEEVE SURFACE

Chrome

BEARINGS AND BUSHINGS

Needle bearings and bushings

GRIP MARKING

Hybrid

KNURLING

1.0 - Medium Sharp, High Performance Grip

MAX LOAD

1500 kg / 3306,93 lbs

DUSTPROOF SEAL

Yes

GRIP DIAMETER

28 mm / 1.1 in.

SLEEVE DIAMETER

50 mm / 1.97 in.

FLANGE WIDTH

30 mm / 1.18 in.

* To be dropped on 30 mm-thick rubber flooring (training platform recommended by Eleiko). Not to be stored with weights loaded on rack. Indoor use only. Normal wear and tear does not fall under warranty.