



### **GRIP MARKINGS**

Bar features markings for weightlifting

#### **KNURLING**

Aggressive grip to ensure a secure hold on the bar

## **OPTIMISED ROTATION**

Engineered for smooth controlled rotation under load

### **DESIGNED FOR**

High performance strength and conditioning

### **DUSTPROOF SEAL**

Keeps dust out and grease in for optimal performance

# **FOR ATHLETES**

## DEVELOPING STRENGTH AND HIGH PERFORMANCE IN SPORTS AND LIFE

This bar delivers the Eleiko feeling, performance and quality you can rely on and is ideal for anyone serious about high performance in sports and strength and conditioning. Precision needle bearings minimise friction so weight moves smoothly under load and at high speeds, while the refined knurling provides a grip ideally suited for high-performance training.

**ARTICLE CODE** 

3070100

CERTIFICATION

None

BEARINGS AND BUSHINGS

Needle bearings

**DUSTPROOF SEAL** 

Yes

LENGTH

2200 mm / 86.61 in.

**GRIP SURFACE** 

Chrome

**GRIP MARKING** 

Weightlifting

**GRIP DIAMETER** 

28 mm / 1.1 in.

WEIGHT

20 kg / 44.09 lbs

**FLANGE WIDTH** 

30 mm / 1.18 in.

KNURLING

1.0 - Medium Sharp, High Performance Grip

LOADABLE SLEEVE LENGTH

415 mm / 16.34 in.

**WARRANTY** 

12 years\*

**SLEEVE SURFACE** 

Chrome

**MAX LOAD** 

1500 kg / 3306,93 lbs

**SLEEVE DIAMETER** 

50 mm / 1.97 in.

