

# Eleiko IWF Weightlifting Training Weight Set

185 kg, women, RC

With Eleiko's IWF Weightlifting Training Set, NxG, you get the quality and performance of the competition set without the added expense of the exact calibration required for competition. The set includes the IWF Weightlifting Training Bar, 15 kg along with a set of Eleiko Weightlifting Training Plates. The plate sets include two each of the 25, 20, 15 and 10 kg plates along with a set of the rubber coated Eleiko Weightlifting Training Change Plates ranging from 0.5 kg to 5 kg and a set of the Eleiko Weightlifting Training Collars.



## Features

### Designed For

Training for competitive level weightlifting

### Certified

Certified by the IWF for training

### Conveniently Collected

Set packages training bar, plates and collars for convenience

## Specifications

**Article code**  
3085689

**Weight**  
185 kg / 407.86 lbs

**Certification**  
IWF

