

# **Eleiko IWF Weightlifting Training Plate**

10 kg

- √ Exceptional durability
- √ Patented ImpactDISC
- √ IWF Certified for Training

Eleiko IWF Training Plates set a new standard for performance and durability utilizing our proprietary SBR rubber, a new patented design that distributes impact force, and precision-engineered zinced steel hubs. The plates are thinner to support heavier lifts and designed with a rounded edge for easier handling.

#### **Features**

## **IWF** Certified

Approved by the International Weightlifting Federation for training, verified by IWF logo.

## **Record Setting Lifts**

Redesigned with a thinner profile to support athletes with record setting lifts.

#### **Unmatched Durability**

The new patented design and construction drastically improves plate longevity.

#### Easier to Handle

A bigger edge radius makes it easier to pick up the plate from the platform or floor and the grooved rim supports a firm grip for better handling.

## **Specifications**

Unit of measurement Sold individually

sold individually

Height 35 mm / 1.3<u>8 in.</u>

Certification

WF

Article code 3085440-10

Weight

10 kg / 22.05 lbs

**Length** 450 mm / 17.72 in.

Warranty 10 years Width

450 mm / 17.72 in.

**Diameter** 450 mm / 17.72 in.



